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BIONATOR INSTRUCTIONS

WHEN TO WEAR

This orthodontic appliance should be worn at all times except:

1. When eating
2. When brushing your teeth
3. When engaging in active sports

THREE RULES IF YOU MUST TAKE IT OUT

1. Do not wrap it in a napkin -- It will get thrown away.
2. Do not put it in your pocket -- It is sure to get broken.
3. Do not leave it out -- Dogs think they are delicious.

CLEANING

The appliance should be brushed thoroughly after each meal using water and toothpaste. Once a week soak the appliance for twenty minutes in a sterilizing solution made up of 6 oz. water, 1 tsp. Chlorox, and 2 tsp. Calgon (SPA BATH). After soaking, rinse appliance with water and then mouthwash.

SPEECH

Practice talking with your teeth together. More rapid treatment results if talking is done with the teeth together in the appliance. During the first few days, you may have a slight difficulty with your speech. You will be able to speak well after three or four days. After a short while, the excessive salivation will go away.